

PUREGENOMICS® ULTRAMULTIVITAMIN

3-PER-DAY COMPREHENSIVE MULTIVITAMIN/MINERAL

Description

PureGenomics® UltraMultivitamin is designed to support optimal nutrition with a comprehensive profile of bioavailable vitamins, chelated minerals and other nutrients. It includes vitamin B6, B12, folate and choline which contribute to normal homocysteine metabolism. And features optimised levels of nutrients for personalised nutritional requirements.

Product Features

- ✓ Comprehensive multivitamin/mineral supporting PureGenomics®
- ✓ With pre-formed vitamin A for individuals with decreased conversion efficacy of carotenoids
- ✓ Provides 3,000 IU vitamin D3 for supporting optimal levels
- ✓ Includes 100 mg of choline which contributes to normal homocysteine metabolism, particularly for individuals with MTHFR or PEMT genetic variations
- ✓ With vitamin B12 as adenosylcobalamin and hydroxycobalamin, which contributes to normal functioning of the nervous system and psychological function
- ✓ Provides a targeted blend of alpha lipoic acid, vitamin C, CoQ10, and n-acetylcysteine
- ✓ With the macular carotenoids lutein and zeaxanthin

Free From

All Pure Encapsulations® products are free-from: Wheat and gluten, Egg, Peanuts, Trans fats and hydrogenated oils, GMOs, Magnesium stearate, Titanium dioxide, Carrageenan, Coatings and shellacs, Artificial colours, flavours and sweeteners, Unnecessary binders, fillers and preservatives.



Vegetarian Vegan Gluten Free Soy Free Dairy Free



Directions For Use

As a food supplement, take 3 capsules, once daily, with a meal, or as directed by a healthcare professional.

Ingredients

Magnesium citrate, Choline bitartrate, Ascorbic acid, Dimacal (dicalcium malate), N-acetyl-L-cysteine, Alpha lipoic acid, Trimagnesium citrate, Hypoallergenic plant fibre (microcrystalline cellulose), Mixed tocopherol, Zinc citrate, Coenzyme Q10 - kaneka material, Vitamin D3, Lutein (FloraGLO®), Ascorbyl palmitate, D-Alpha tocopherol succinate, Niacinamide powder usp, Inositol, Selenomethionine, Calcium pantothenate, Vitamin K2 (MK7), Vitamin K1, OPTISHARP® (Zeaxanthin), Sodium molybdate, Copper bisglycinate, Manganese citrate, Vitamin A (acetate), Potassium iodide, Thiamine HCL USP, Pyridoxal 5 phosphate, Beta carotene, Pyridoxine HCL, Riboflavin 5 phosphate, Chromium picolinate, Riboflavin, Calcium-L-methylfolate (metafolin), Hydroxocobalamin, Adenosylcobalamin, Biotin. Vegetarian capsule (hydroxypropyl methyl cellulose).

Product Code	Size	Serving Size	Capsule Size	Servings per container
PGUK9UK	90	3 capsules	00	30

Precautions

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Use only if safety seal is intact. Food supplements should not be used as a substitute for a varied diet. Do not exceed the stated daily dosage. Keep out of the reach of young children.

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CONTINUED

Nutritional Information

Serving size 3 capsules

	Amount per Serving	% NRV*
Vitamin A (as vitamin A acetate and 20% beta carotene)	800 RE	100%
Vitamin C (as ascorbic acid)	250 mg	312%
Vitamin D ₃ (as cholecalciferol)	74 µg (3,000 IU)	1,480%
Vitamin E (as d-alpha tocopherol succinate)	20 mg	166%
Vitamin K (as phytomenadione (K1) 100 µg, & menaquinone-7, MK-7 (K2) 20 µg)	120 µg	160%
Vitamin B ₁ (as thiamine HCl)	3 mg	273%
Vitamin B ₂ (as riboflavin and 50% riboflavin-5-phosphate (activated B ₂))	3.4 mg	243%
Vitamin B ₃ (as niacinamide)	20 mg	125%
Vitamin B ₅ (as calcium pantothenate)	10 mg	120%
Vitamin B ₆ (as pyridoxine HCl and 50% pyridoxal 5' phosphate (activated B ₆))	5 mg	357%
Folate (as Metafolin® L-5-MTHF)	800 µg	400%
Vitamin B ₁₂ (as methylcobalamin)	800 µg	32,000%
Biotin	300 µg	600%
Choline (as choline bitartrate)	100 mg	†
Inositol	50 mg	†
Calcium (as di-calcium malate)	60 mg	7.5%

Iodine (as potassium iodide)	200 µg	133%
Magnesium (as magnesium citrate)	80 mg	21%
Zinc (as zinc citrate)	20 mg	200%
Selenium (as selenomethionine)	70 µg	127%
Copper (as copper glycinate)	2 mg	200%
Chromium (as chromium picolinate)	200 µg	500%
Manganese (as manganese citrate)	2 mg	100%
Molybdenum (as sodium molybdate)	75 µg	150%
Mixed tocopherols	20 mg	†
Lutein (FloraGLO®)	3 mg	†
Zeaxanthin (OPTISHARP®)	500 µg	†
Coenzyme Q ₁₀	50 mg	†
Alpha lipoic acid (thioctic acid)	90 mg	†
N-Acetyl-L-Cysteine (free-form)	145 mg	†

*Nutrient Reference Value